

The Assessment

Individualized thorough Biopsychosocial assessment which includes

- Mental Status Exam and Multiaxial Diagnosis
- medical history
- accident history
- drug use history
- social/family history and current involvement
- SASSI-3 (Substance Abuse Subtle Screening Inventory, Version 3)
- URICA (University of Rhode Island Change Assessment) (to assess change and treatment readiness)
- Mental Health Survey III
- neuropsychological reports, prior treatment reports, etc.

Conducted (and/or updated) to confirm the appropriateness of placement in the day treatment or outpatient level of care (according to ASAM PPC 2R), as well as to guide the individualized treatment planning process with the client.

All clients are expected to participate in all of their treatment planning, current and future. Parents, guardians or legal representatives of clients are expected to participate in treatment planning except when it is contraindicated.



Clients with a traumatic brain injury in our Day Treatment Program, their guardians, case managers, significant others and other interested parties will participate in monthly Care Conferences, along with the TBI Solutions team. These are designed to monitor and evaluate client progress, or lack thereof, suggestions, recommendations and changes or modifications to treatment plans and are agreed upon by the client and team members.

The individualized treatment plan is formulated and up-dated at specified intervals to document the client's clinical problems, goals and measurable objectives and planned therapeutic interventions based on the strengths, preferences, wants and needs of the client. Assessment is an on-going process and the treatment plan reflects case management by staff and coordination of related addiction treatment, health care, mental health and social/vocational services provided on site and in the community concurrently.

Another assessment tool utilized specifically for the traumatically brain injured client is the *Personal Futures Planning* workbook, to assist the client in finding a new direction in life (drug free) based on personal preferences and abilities and gifts; while providing tools to help shape the goals of treatment that are more likely to be successful for the TBI client in treatment.